

Beaconsfield Tennis Club Sun Protection Policy

Policy statement:

Beaconsfield Tennis Club is committed to protecting the health and wellbeing of its members, players, volunteers, and spectators by minimising the risk of UV exposure.

Our goal is to ensure a safe environment and promote sun-smart behaviours at all club events in accordance with health and safety regulations. The policy applies to all members, including administrators, officials, coaches, players, spectators, visitors, and volunteers at Beaconsfield Tennis Club, and is effective from 1st July 2026.

Purpose

This policy aims to reduce UV exposure and the associated risks of skin cancer for all members, players, volunteers, and spectators of Beaconsfield Tennis Club. It is part of our club's commitment to health and wellbeing and reflects our responsibility to provide a safe environment in compliance with health and safety legislation.

Definitions

- **UV radiation:** Ultraviolet (UV) radiation from the sun, which is not visible or felt but can cause skin damage.
- **SPF50 or 50+:** Sun Protection Factor 50 or 50+, broad-spectrum, water-resistant sunscreen.

Policy Procedures

Club Environment

- All coaches must have first aid and trained in heat illness. They are present and easily identifiable at all under 18 planned events.
- SPF50 or 50+ broad-spectrum, water-resistant sunscreen will be provided and highly visible at all events. All participants will be encouraged to apply sunscreen 20 minutes before outdoor activities and reapply every two hours. Sunscreen will be stored properly and included in bathrooms, kitchen and team manager backpacks.

Club Connections

- Officials, members, players and families can suggest ideas and activities to support sun protection through email via the website: www.beaconsfieldtennisclubinc.com
- The club will provide sun protection education material to its club community through its communication channels through the season.

Club Culture

- Club leaders will monitor UV levels and announce sun protection times, based on the BOM weather app, to ensure that sun protection measures are implemented year-round during all planned outdoor activities.

- Events, training, and competitions will be scheduled to avoid peak UV and heat periods where possible.
- If high-risk conditions are forecast, event modifications or cancellations will follow the guidelines of [TA-Extreme-Weather-Policy-effective-13-Oct-2022.pdf](#). Modifications such as reducing the duration of activities, increasing rest breaks, and utilising shade and rehydration will be implemented for activities during high UV periods.
- Club leaders and coaches will role model sun-protective behaviours, including the use of sunscreen, hats, sunglasses, and seeking shade.

Reviewing and adaption

Beaconsfield Tennis Club is committed to regularly reviewing and adapting the Sun Protection Policy. This policy will be reviewed annually, with amendments made as required.

Feedback process:

Club members are encouraged to provide feedback on the policy or report concerns to the committee, which will be reviewed and addressed in a timely manner.

Policy approval date: 16 /06 /2026

President: Bronwyn McCormick

Secretary: Louise Stirling

This policy was last updated on: 16 /06 /2026

Next review date: 16/06/2027